

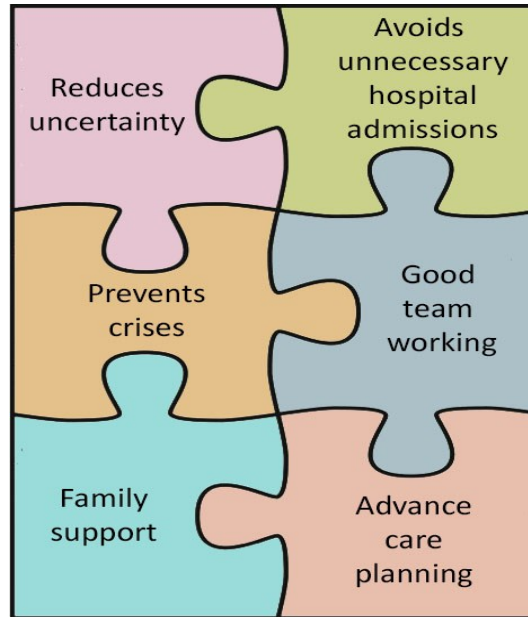
## What is the Gold Standards Framework?

The Gold Standards Framework (GSF) is a way of working that helps staff to deliver a 'gold standard' of care for all people who have a life limiting condition and when their illness is no longer curative.

## How will I benefit?

- You and your family will feel more in control with your wishes acknowledged and respected
- Your needs and wishes will have greater priority and your care will be planned with you
- You are more likely to get the kind of care you want in the place that you want
- Improved coordination of services to support your care
- Clear communication with you, your family and all others involved in your care
- Improved quality of your end of life care - especially symptom control
- By being given the right information to support you in making decisions about the future

## Why use the Gold Standards Framework?



If you have a life limiting condition, advance care planning may be a good idea.

Advance care planning is the process of deciding what plans you want to make for your future care, often in discussion with your healthcare professional. This will help your family and carers know what your wishes and preferences are to guide the care you may need in the future.

It is acceptable if you do not wish to engage in advance care planning at this time. Be assured of our continuous support.

## What if I change my mind about what I want?

The GSF and advance care planning is all about **you, your wishes and your needs**. You can change your recorded preferences as often as you need or want.

## How will my team know what my current needs are?

Good communication is a key part of the GSF and you will be involved at every stage.

Your team will use a colour coding system to help them understand and provide the right care, at the right time, as your needs change.

## Feedback

Jersey healthcare professionals are working with patients, families and colleagues to continually improve end of life care services.

We welcome and would value your ideas, suggestions and feedback. Please speak with any healthcare professional involved in your care and share your feedback comments. Thank you.

The Gold Standards Framework aims to provide:

The **Right Care**  
for  
The **Right Person**  
in  
The **Right Place**  
at  
The **Right Time**  
**Every Time**

We all only have  
**ONE CHANCE TO GET IT RIGHT**  
at the end of our lives  
and  
the Gold Standards Framework will  
help to deliver  
a **'gold standard'** of care

Used with permission from the National GSF  
Centre in End of Life Care (see  
[www.goldstandardsframework.org.uk](http://www.goldstandardsframework.org.uk) )

More local information about the GSF is  
available at  
[www.jerseyhospicecare.com](http://www.jerseyhospicecare.com)

## Useful contacts and supporting information

**Specialist Palliative Care Team**  
Jersey Hospice Care, Mont Cochon,  
St Helier, JE2 3JB  
Tel: 01534 876555  
(24 hours a day)  
or via **Jersey General Hospital (JGH)**  
Tel: 01534 442722  
(Mon-Thurs 08.30-16.30  
Fri 08.30-15.30)

### Family Nursing & Home Care

Le Bas Centre, St Saviours Road,  
St Helier, JE2 4RP  
Tel: 01534 443600  
(Mon-Fri 08.30–16.30)  
Tel: 01534 442000 (JGH switchboard)  
(16.30-23.00 and weekends)

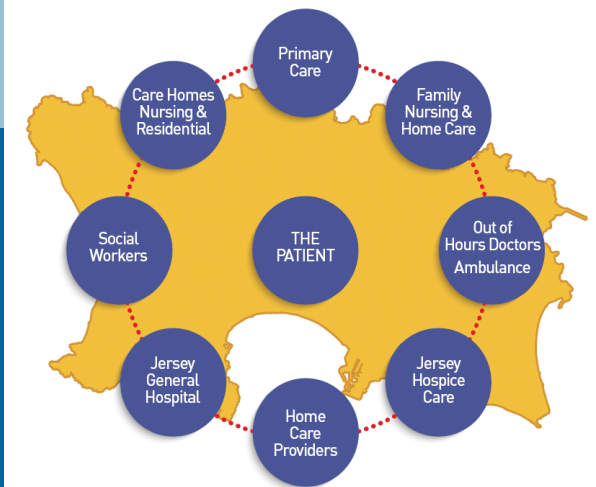
### Your General Practitioner (GP)

Thinking Ahead leaflet  
My Advance Care Plan

Available from [www.jerseyhospicecare.com](http://www.jerseyhospicecare.com)



## The Gold Standards Framework for end of life care in Jersey



Aiming to achieve the best  
quality of life for all people  
nearing the end of their lives.